



## ST LEONARD'S CHURCH OF ENGLAND PRIMARY SCHOOL

Monday 2<sup>nd</sup> September 2024

**GROUP GAME** "Two Truths and a lie" Circle game

**ARTS & CRAFTS** Make **rock animals** with rocks, paint, brush, and decorative items

**OUTDOOR / INDOOR PLAY** Balloon City | Hula Hoop | Race | Crab Football | Multi Sports/Competition Games



Tuesday 3<sup>rd</sup> September 2024

**GROUP GAME** Fruit Salad

**ARTS & CRAFTS** Make **trapeze artists** with straws, paper, wool/string, scissors, glue, and pens/pencils

**OUTDOOR / INDOOR PLAY** Music statues | Human Knot | Multi Sports/Competition Games

**Human Knot:**

1. Ask five to eight children to volunteer or create small groups of the same number.
2. Have the children sit together in a tight circle, touching their shoulders and legs.
3. Ask all the participants to put their hands in the middle. Then, each child should carefully grab the wrist of another player in the group.
4. Once the children form the knot, ask them to gently and considerately untangle themselves without letting go.
5. This process will require strategy and communication. If necessary, a child can briefly let go of a wrist to untangle but should immediately grab the same wrist again.
6. To make this game a bit more challenging, ask participants to communicate without words.



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